

Spring 2019 Swarthmore College Masters Swimming

Adults of all skill and experience levels interested in group swimming! This environment has worked for:

For

- Individuals learning to swim
- Swimmers improving stroke efficiency
- Athletes in search of a team atmosphere
- Anyone looking to make friends!

Instruction

All practices will be supervised by Sam Davy, Assistant Swimming Coach at Swarthmore College. Practices are tailored for a wide range of skill and experiences levels, with options to alter workouts and swim on your own!

Weekly Practice Schedule

Dates Tuesday- 5:30-7 AM
Thursday- 5:30-7 AM
Saturday- 6:30-8 AM

First day of practice- Tuesday, January 22nd

Where

Ware Pool located on the Swarthmore College campus

Registration

Register online at www.swatswimschool.com or fill out the attached registration form and waiver and bring it with a check or cash on the day of your first practice

Cost

\$150 Semester (January – May)
\$50 for 10 practices
\$35 for 5 practices
\$10 drop in

Equipment

Swimmers must provide their own swim suit, towel and equipment. Equipment is not necessary, but there will be opportunities for equipment to be used

Contact Assistant Swimming Coach Sam Davy at sdavy1@swarthmore.edu with any questions.

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**Name (First
and Last)**

Home Address

Phone Number

Email

Name: _____

**Emergency
Contact
Information**

Phone #: _____

Relationship to you: _____

Full Semester - \$150

**Choose package
(Circle)**

10 practices- \$50

5 practices- \$35

Drop in-

**Experience
Level**

**Any additional
info we should
know**